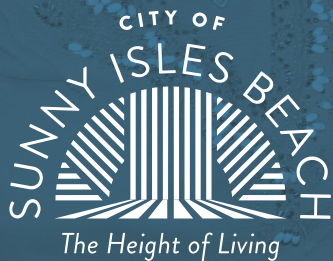


# SUNNY ISLES BEACH LIVE & PLAY



SPRING 2023

# SUNNY ISLES BEACH LIVE & PLAY

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**VICE MAYOR** Jerry Joseph

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**COMMISSIONER** Fabiola Stuyvesant

**COMMISSIONER** Jeniffer Viscarra

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**CALENDAR OF EVENTS**  
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Breezeline Channel 662  
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SUNNY ISLES BEACH  
IS ECOMMITTED

Commit to having a positive environmental  
impact on our community.



**Gayle Vasile**  
**DIRECTOR, CULTURAL & COMMUNITY SERVICES**

“ Over the last couple months, we have enjoyed incredible weather, participated in some of our favorite events, seen construction projects at the parks become a reality, and we continue to gain an incredible amount of feedback on our parks and recreation master plan. ”

# WELCOME!

Time to let our dreams blossom. We are hanging up our winter hats and preparing for spring flowers and crisp fresh air. Over the last couple months, we have enjoyed incredible weather, participated in some of our favorite events, seen construction projects at the parks become a reality, and we continue to gain an incredible amount of feedback on our parks and recreation master plan.

By now, classes and programs at both Gateway Center and Pelican Community Park are underway, and we hope that you have taken advantage of all we have to offer. Let us know what classes you love or if there is something we are not offering that you cannot live without. As we enter event season in the spring, you can expect to see Egg Scramble, Gateway Market, Beach Cleanups, teen events, and Gateway LIVE.

If you have not visited the parks lately, this is your reminder to get outside and play. We have updated playground equipment at Pelican Community Park and installed sports lighting at Senator Gwen Margolis Park.

There are a lot of exciting activities and progress happening throughout the Cultural and Community Services Department. We will continue to work so that you may enjoy all that Sunny Isles Beach has to offer. Come and play with us soon!

## MEET THE TEAM



Paul  
Di Muont  
**ASSISTANT DIRECTOR,  
CULTURAL &  
COMMUNITY SERVICES**



Arturo  
Gonzalez  
**PARKS  
MANAGER**



Norelli  
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**COMMUNITY SERVICES  
MANAGER**



Nick  
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**RECREATION  
MANAGER**



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**YOUTH & TEENS  
PROGRAM COORDINATOR**



Jonathan  
Wynn-Strachan  
**ADULT & SENIOR  
PROGRAMS COORDINATOR**

# RECREATION FACILITIES

## PELICAN COMMUNITY PARK

### HOURS OF OPERATION

Monday - Friday: 8:30 AM - 9 PM  
Saturday & Sunday: 8:30 AM - 5 PM

18115 North Bay Road  
305.792.1706



## GATEWAY CENTER

### HOURS OF OPERATION

Monday - Friday: 8 AM - 4 PM

151 Sunny Isles Blvd.  
305.792.1706

Check out our 3D interactive tour at [sibfl.net/gatewaycenter](https://sibfl.net/gatewaycenter).



## THE SPOT *(Sunny Isles Beach Teen Center)*

### HOURS OF OPERATION

Monday - Friday: 3 - 9 PM

215 185 St.  
305.792.1706



### ONLINE REGISTRATION HAS NEVER BEEN EASIER!

Register today at [activities.sibfl.net](https://activities.sibfl.net).



### LOOKING FOR THE PROGRAMS OFFERED AT GATEWAY CENTER THIS SPRING?

Visit [activities.sibfl.net](https://activities.sibfl.net) for the full lineup or turn to pages 18-21.



### GET YOUR PELICAN COMMUNITY PARK MEMBERSHIP

Visit [sibfl.net/pelicancommunitypark](https://sibfl.net/pelicancommunitypark) to see all membership options and benefits.



### NEW TO SUNNY ISLES BEACH?

Welcome! Get started by visiting [sibfl.net/residentid](https://sibfl.net/residentid) to apply for your Sunny Isles Beach Resident ID Card and take advantage of special rates and priority registration of our programs.



### HAVE YOU RENEWED YOUR RESIDENT ID CARD?

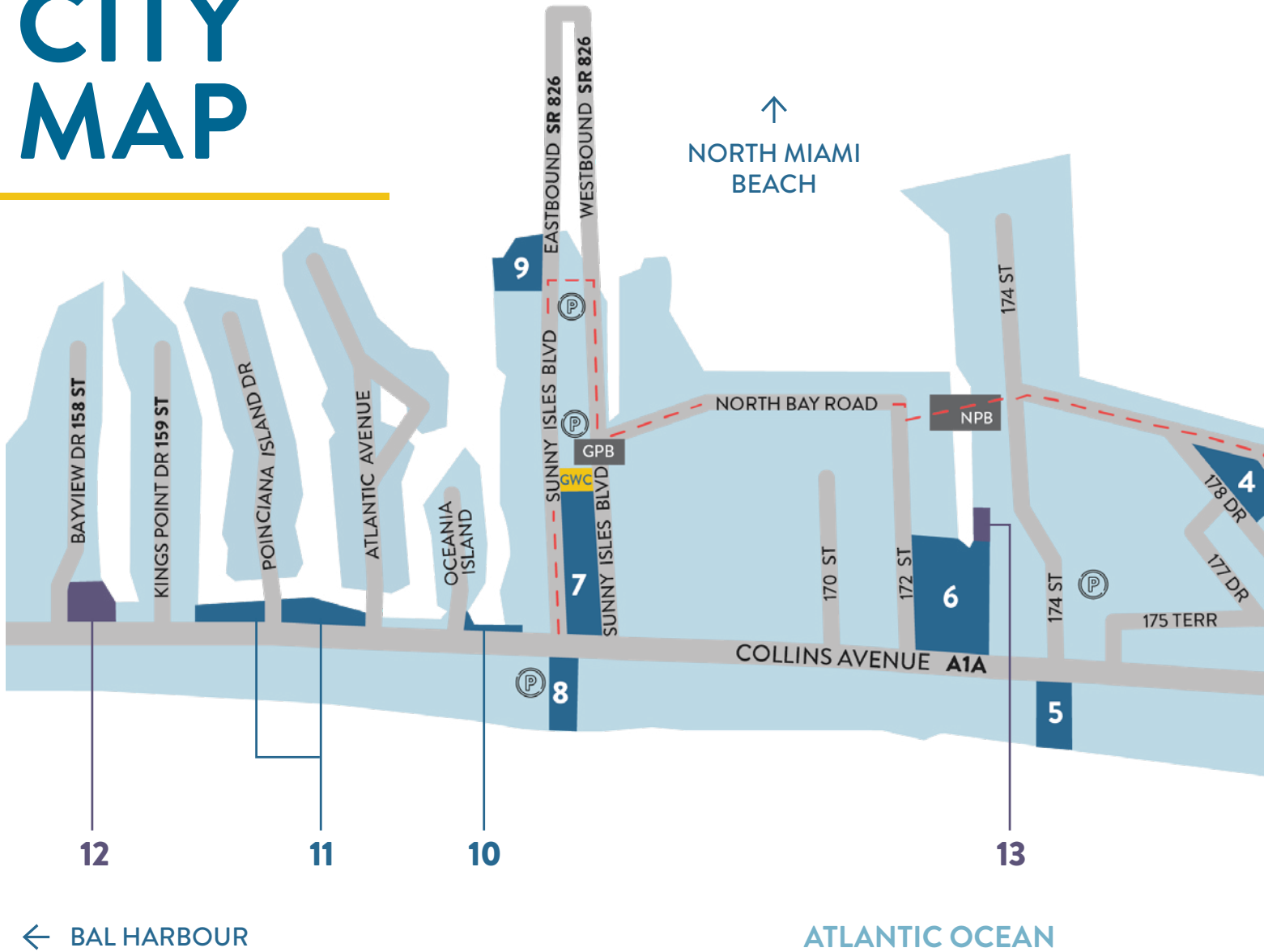
Check your card's expiration date! Residents must have a valid City-issued Sunny Isles Beach Resident ID Card to receive the resident discount and register for programs during the priority registration period. Renew or apply at [sibfl.net/residentid](https://sibfl.net/residentid).



### WANT TO LEARN MORE?

Stop by any of our facilities and our Customer Relations team will walk you through the many activities that meet your schedule and needs.

# CITY MAP



## MAP KEY

- GC SUNNY ISLES BEACH GOVERNMENT CENTER
- GWC GATEWAY CENTER
- PCP PELICAN COMMUNITY PARK
- TS THE SPOT
- PARKS
- GPB GATEWAY PEDESTRIAN BRIDGE
- NPB NORTH BAY ROAD PEDESTRIAN BRIDGE

- P MUNICIPAL PARKING
- OFF COLLINS BIKE ROUTE

### RIDE SAFELY

Make sure to wear a helmet while riding your bike or scooter. Follow the rules of the road and be conscious of city laws.

Learn more at [sibfl.net/trafficsafety](http://sibfl.net/trafficsafety).

## SIBshuttle

Download the free mobile app, SIBshuttle, to your smartphone or device to see a list of stop locations and track the location and arrival of the shuttle in real time.

Visit [sibshuttle.net](http://sibshuttle.net) to download the app.

*The City, with funding in part by the Miami-Dade County People's Transportation Plan, provides free Community Shuttle Service 7 days per week with three lines running simultaneously for the convenience of residents and visitors.*



## INTRACOASTAL WATERWAY

↑  
AVENTURA



GOLDEN BEACH →

## PARK KEY



- |   |  |  |
|---|--|--|
| <b>1</b> HERITAGE PARK<br>19200 Collins Ave.            | <b>6</b> TOWN CENTER PARK<br>17200 Collins Ave.        | <b>11</b> INTRACOASTAL PARKS<br>Collins Avenue, 159 To 163 St. |
| <b>2</b> GOLDEN SHORES PARK<br>201 191 Terr.            | <b>7</b> GATEWAY PARK<br>151 Sunny Isles Blvd.         | <b>12</b> INTRACOASTAL COURTS<br>15800 Collins Ave.            |
| <b>3</b> PELICAN COMMUNITY PARK<br>18115 North Bay Rd.  | <b>8</b> PIER PARK<br>16501 Collins Ave.               | <b>13</b> MEDITATION GARDEN<br>17200 Collins Ave.              |
| <b>4</b> SEN. GWEN MARGOLIS PARK<br>17815 North Bay Rd. | <b>9</b> BELLA VISTA BAY PARK<br>500 Sunny Isles Blvd. |  |
| <b>5</b> SAMSON OCEANFRONT PARK<br>17425 Collins Ave.   | <b>10</b> OCEANIA PARK<br>16320 Collins Ave.           |  |

## COMING SOON

To see additional details and all park hours, visit [sibfl.net/parks](http://sibfl.net/parks).

# CALENDAR OF EVENTS



**MARCH 1 - MAY 31**

**18+**

Wednesdays | 3 - 4 PM  
Gateway Center | \$2 per game

Try your luck! Join us to win cash prizes, gift cards and merchandise.

## Gateway Market

**ALL AGES | FREE**

**EVERY WEDNESDAY**

5:30 - 10 PM

Gateway Center

**MARCH** | 1, 8, 15, 22, 29

**APRIL** | 5, 12, 19, 26

**MAY** | 3, 10, 17, 24, 31

Gateway Market is the place to be every Wednesday night. With a variety of vendors onsite, there is something for everyone. Delicious food, hand-made crafts, live music, family-friendly games and activities, and so much more! Keep up with the market on instagram @gatewaymkt.

## Family Movie Night

**ALL AGES | FREE**

**SATURDAY,**

**MARCH 4**

**7 PM**

**THE BAD GUYS**

*Pelican Community Park*



Spend a Saturday night in the fresh air with us, a giant movie screen... and The Bad Guys. Bring your lawn chairs or blankets and enjoy a movie under the stars.

## Full Moon Yoga

**18+ | FREE**

Various Locations  
*(Beachside on the sand)*

**TUESDAY, MARCH 7** | 5:45 - 6:45 PM

Ellen Wynne Beach Access

**THURSDAY, APRIL 6** | 7:15 - 8:15 PM

Samson Park

**FRIDAY, MAY 5** | 7:45 - 8:45 PM

Trump International Beach Resort

Gather with some of the friendliest people in Sunny Isles Beach as we practice yoga while the sun sinks and the moon takes center stage. Watch in awe as it rises over the ocean, its pale, white light glistening across the water. It is the most magical site and we want to share that experience with you!

## Adult Game Nights

**18+ | FREE**

Fridays | 5:30 - 6:30 PM

Gateway Center

**MARCH 10** | Cards, Cards, Cards

**APRIL 14** | Harry Potter Trivia

**MAY 12** | Dominos

Put your game skills to the test at our monthly Adult Game Night Series. Come alone or with friends and have a great time playing all sorts of games. Be the best and you might even take home some cash!

## Beach Cleanups

**ALL AGES | FREE**

Saturdays | 8 AM - 12 PM

Various Locations

*(Beachside on the sand)*

**MARCH 11** | Samson Park

**APRIL 15** | Pier Park

**MAY 13** | Ellen Wynne Beach Access

Get involved in a great community service project each month as we clean up a different area of the city's beach. Leave everything at home because we will provide all the necessities to keep our beach's looking beautiful and pristine.

## Teen Events

### 70s Prom

**TEENS ONLY | FREE**

**FRIDAY, MARCH 17** | 7 - 10 PM

Pelican Community Park

A decade of excess, disco music, loud clothing, and big, feathered hair. All those amazing classic looks, and music are the perfect theme for a dance.

### Movie on the Beach

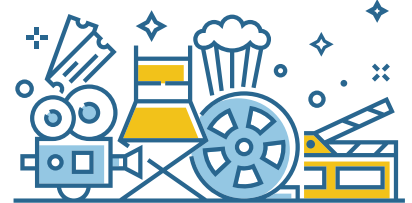
**TEENS ONLY | FREE**

**FRIDAY, APRIL 21** | 7 - 10 PM

Samson Oceanfront Park

*(Beachside on the sand)*

Put your toes in the sand and enjoy food and drinks while watching a movie on the beach!



### eSports Tournament

**TEENS ONLY | FREE**

**FRIDAY, MAY 19** | 7 - 9 PM

The Spot

Compete against your friends in the virtual world with some gaming classics: FIFA, Super Smash Brothers, and more!

## Celebrating Women

**18+ | FREE**

**THURSDAY, MARCH 23** | 6 - 8 PM

Gateway Center

The City of Sunny Isles Beach is home to many trailblazing women. Join us for an interactive panel of local professionals who are paving the way for other women. Light refreshments will be served. Registration is required.



## Cultural Trips

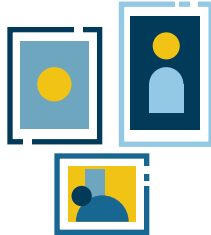
All buses depart from Gateway Center.

### Museum of Contemporary Art (MOCA) & Lunch

**TUESDAY, MARCH 21**

**BUS DEPARTURE:**

**10 AM**



Join us for a day of artistic exploration at MOCA (*The Museum of Contemporary Art*)! Discover and engage with pieces inspired by varied communities and historical happenings expressed through diverse mediums. Attendees can expect thought-provoking exhibitions that feature underexplored art and artists, and lift up diverse voices and stories.

**Resident: \$20 | Non-Resident: \$25**

### Duck Tours

**THURSDAY, APRIL 27**

**5:30 - 8:30 PM**

Come enjoy the warm ocean breeze and the magnificent Miami skyline as a backdrop with us! There really is no better way to explore Miami than from the water. Bring your friends and family on our Miami Bayside Duck Tour, and toast to another perfect day in paradise as you take in the amazing views and celebrity homes.

**Resident: \$30 | Non-Resident: \$35**

### A Tribute to ABBA

**TUESDAY, MAY 9**

**BUS DEPARTURE: 6:30 PM**

Bus departs from Gateway Center

Mamma Mia! This tribute to the Swedish pop sensation will have you dancing in the aisles. Known as "the closest thing to ABBA that you'll ever see," this band dazzles audiences with fantastic re-creations of ABBA's most iconic hits.

**Resident: \$50 | Non-Resident: \$60**

## Midday Movies

**18+ | FREE**

**4TH MONDAY OF EACH MONTH**

11:30 AM - 1:30 PM

Gateway Center

**MARCH 27 | Jurassic World**

**APRIL 24 | In the Heights**

**MAY 22 | Jungle Cruise**

Enjoy a movie with friends every month.

*Lunch is included.*

## Spring Fling

**18+**

**FRIDAY, APRIL 14 | 6 - 9 PM**

Gateway Center

Welcome in the spring season at Gateway Center for Spring Fling! Enjoy food, raffles, live music, and dancing with family, friends, and neighbors.

**Resident: \$10 | Non-Resident: \$20**

## Eastern European Heritage Celebration

**ALL AGES | FREE**

**SATURDAY, MAY 6 | 6 - 9 PM**

Gateway Park

We are celebrating the Eastern European culture with a variety of traditional foods, music, and activities. Join in on the fun and learn about the different cultures living in our city.

## Gateway LIVE

Featuring *The Beatlemaniacs*

**SATURDAY, MAY 20**

**7:30 - 9 PM**

Come together! We are bringing live music back to Gateway, one *Yellow Submarine* at a time. Break out your best dance moves and enjoy the sweet sounds of the *Strawberry Fields* in the air. Food will be available for purchase.

**Resident: FREE | Non-Resident: \$10**

# EGG SCRAMBLE!

**ALL AGES**

**SATURDAY, APRIL 8**

**10 AM - 2 PM**

Pelican Community Park

Hip Hop Hooray! You're invited to hop all the way to Pelican Community Park for our annual Egg Scramble. Search far and wide for hidden eggs, challenge your adventurous side with amusement rides, and use the luck of your rabbit's foot to create some memorable crafts. Be sure to come ready to sniff out all the yummy snacks available for purchase.

**Resident: \$5**

**Non-Resident: \$20**

*Wristbands are required for all guests to gain entry to the event.*



FOR COMPLETE EVENT DETAILS, VISIT [SIBFL.NET/EVENTS](https://sibfl.net/events).



# COMMUNITY SPOTLIGHT

## Meet **TOMER SHAKED**

Valuing and cherishing the diversity in our community is important for Sunny Isles Beach resident, Tomer Shaked. The 17-year-old high school senior has lived in Sunny Isles Beach his entire life and dedicates his time to volunteering and helping the younger generation through academic and personal development.

In middle school, Tomer began working with Rabbi Amar at his local Chabad by organizing any special event the Chabad hosted throughout the year. When he entered high school a few years later, Tomer switched gears and started working with the Rabbi by helping younger people overcome addictions.

"I really do feel like I'm making a change," says Shaked. "I used to have that problem myself with gaming and every single time I do that with someone else, I feel like I'm saving them from something I had to endure for many years."

Tomer hopes that his hands-on work is enhancing the quality of people's lives. He plans to continue his work helping the community by becoming a civil litigator after attending college and law school. Last year he was even able to attend a law school for a full semester where he worked directly with law school professors arguing Supreme Court cases against a panel of judges.

Tomer views getting involved in the community as an obligation, especially for the younger generations. Whether it's going out and cleaning up the environment or spreading awareness about an important topic in the world, he is passionate about making a difference.

**“ I’m very passionate about the younger people in the community as they have by far the most potential. ”**

"I'm very passionate about the younger people in the community as they have by far the most potential," Tomer explains. "In the future, they are going to be the ones taking the big positions and making a big impact in our community."

Tomer has some advice for his younger peers: "Trying new things will open opportunities. I really do feel like if you take that step into the unknown, there's a lot waiting for you."

As a youth leader in the Sunny Isles Beach community, Tomer has a bright future ahead. He is appreciative of the acknowledgement his work is getting in the community and is excited about all the work younger people are doing and going to do in the future.

Know someone who does great things for our Sunny Isles Beach community? Nominate them today!

**SIBFL.NET/COMMUNITYSPOTLIGHT**

*Rules apply, visit website for more details.*





# YOUTH PROGRAMS

## REGISTRATION DATES

RESIDENT/MEMBER: FEBRUARY 7

NON-RESIDENT/MEMBER: FEBRUARY 21

Detailed program schedules available at [activities.sibfl.net](http://activities.sibfl.net).

## REGISTER AT

[activities.sibfl.net](http://activities.sibfl.net)

### RECREATION

	AGES	DAYS & DATES	TIME	MEMBER	NON-MEMBER
Code Ninjas	7 - 12	Th Mar 30 - Jun 1	4:15 - 5:15 PM	\$250	\$375
Dream for Kids Theater	5 - 7	M/W/F Monthly	6:05 - 7:05 PM	\$200	\$300
	8 - 12*	-	7:10 - 8:10 PM	-	-
<i>*Program for 8 - 12 age group will be taught in Russian.</i>					
Gymnastics	5 - 9	M/W Monthly	3:15 - 4:15 PM	\$100	\$150
Gymnastics Advanced	5 - 9	T/Th Monthly	3:15 - 4:45 PM	\$150	\$225
Karate	5 - 8	T/Th Monthly	4 - 5 PM	\$90	\$135
	9 - 13	-	5:05 - 6:05 PM	-	-
	14+	-	6:10 - 7:10 PM	-	-
KidCreate - Mommy and Me Art Class	18 mo. - 5	Th Mar 16 - May 11	10 - 10:45 AM	\$115	\$165
<i>*KidCreate is a resident/non-resident program.</i>					
Piano	5 - 8	T Feb. 28 - May 9	4 - 5 PM	\$250	\$375
	9 - 14	-	5:05 - 6:05 PM	-	-
Spring Break Camp*	Grades K - 8	M - F March 20 - 24	8 AM - 6 PM	\$160	\$240
<i>*Spring Break Camp is a resident/non-resident program.</i>					
Study Hall	Grades K - 1	M - F Monthly	2 - 3 PM	\$100	\$150
	Grades 2 - 5	M - F* Monthly	3 - 4 PM	-	-
<i>*Grades 2 - 5 hours will be 2 - 3 PM on Wednesdays.</i>					
YogaArt Meditation*	4 - 10	M Monthly	4:30 - 6 PM	\$120	\$180
<i>*A \$20 material fee is included in the price.</i>					



**SPRING break**  
**CAMP**

**REGISTER TODAY!**

To register or for more information, visit [activities.sibfl.net](http://activities.sibfl.net).

All Spring Youth Recreation Programs will be held at Pelican Community Park unless otherwise stated. There will be no programs on Saturday, April 8 and on Monday, May 29.

## ATHLETICS

	AGES	DAYS & DATES	TIME	MEMBER	NON-MEMBER
Basketball Academy	7 - 15	T/Th Apr 11 - Jun 1	5 - 9 PM	\$110	\$165
Bomb Squad Baseball	5 - 7	M/W Mar 27 - May 17	4 - 5 PM	\$150	\$225
	8 - 11	-	5:05 - 6:05 PM	-	-
Cheer & Dance Recreational	6 - 12	T/Th Mar 28 - Jun 1	5:30 - 6:30 PM	\$130	\$195
eSports	10 - 15	T/Th Apr 11 - Jun 1	3:05 - 4:05 PM	FREE	FREE
Speed & Agility	5 - 7	T/Th Mar 28 - Jun 1	3:05 - 4 PM	\$130	\$195
	8 - 11	-	4:05 - 5 PM	-	-
	12 - 14	-	5:05 - 6 PM	-	-

## RECREATIONAL LEAGUES

	AGES	DAYS & DATES	TIME	MEMBER	NON-MEMBER
Recreational Soccer	U8	T/Th Mar 28 - Jun 1	5 - 5:55 PM	\$140	\$210
	U10	-	6 - 6:55 PM	-	-
	U12	-	7 - 7:55 PM	-	-
	U14	-	8 - 8:55 PM	-	-

\*Recreational Soccer is played at Senator Gwen Margolis Park and is a resident/non-resident program.

SEAS Volleyball*	U9	M/W/Sat Mar 27 - Jun 7	5 - 6 PM	\$160	\$240
	U11	-	6 - 7 PM	-	-
	U13	-	7 - 8 PM	-	-
	U15	-	8 - 9 PM	-	-

\*SEAS Volleyball will be played on Saturdays. Some games may be played offsite.

Spring Break Specialty Camp Bomb Squad Baseball*	6 - 12	M - F March 20 - 24	8 AM - 6 PM	\$150	\$225
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\*Spring Break Camp is a resident/non-resident program.

## PEE WEE PROGRAMS & ATHLETICS

	AGES	DAYS & DATES	TIME	RESIDENT	NON-RESIDENT
Pee Wee Basketball	3 - 6	Sat Apr 15 - May 20	10 - 10:45 AM	\$70	\$105
Ready Set Grow	2 - 4	T/Th May 9 - Jun 15	9:15 - 10 AM	\$70	\$105
Pee Wee Soccer	3 - 6	Sat Apr 15 - May 20	9 - 9:45 AM	\$70	\$105

All Spring Youth Recreation and Athletic Programs will be held at Pelican Community Park unless otherwise stated.

## COMPETITIVE TEAMS

Try-outs are required for all competitive teams.

	AGES	DAYS & DATES	TIME	MEMBER	NON-MEMBER
Cheer & Dance <i>Advanced</i>	6 - 12	T/Th Aug 23 - Apr 28	4 - 5:30 PM	\$160	\$240
Select Soccer* <i>(Sen. Gwen Margolis Park)</i>	U9	M/W/F Aug 15 - May 31	4 - 5:30 PM	\$225	\$325
	U11	-	5:15 - 6:45 PM	-	-
	U12	-	6:30 - 8 PM	-	-
<i>*SIB Select Soccer is a resident/non-resident program.</i>					
Select Soccer Academy* <i>(Sen. Gwen Margolis Park)</i>	U7	M/W Apr 3 - May 31	4 - 5 PM	\$180	\$270
	U8	-	-	-	-
	U10	-	-	-	-
<i>*Select Soccer Academy is a resident/non-resident program.</i>					
Select Volleyball	U12	M/W Oct 3 - Jun 18	4:45 - 6 PM	\$190	\$285
	U14	-	3:30 - 4:45 PM	-	-
	U12 & U14	F	4:30 - 6:30 PM	-	-
Select Volleyball Academy	U12	M/W Feb 6 - Jun 7	4:45 - 6 PM	\$180	\$270
	U14	-	3:30 - 4:45 PM	-	-



# teens SPACE

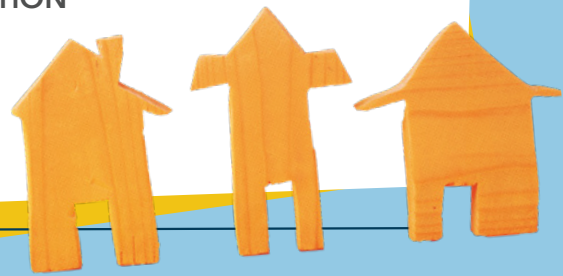


Scan the dots  
to find The Spot

The Spot is the premier place to be for teens. A place to call their own, a place to be themselves and a place to hang out with friends.

**HOURS OF OPERATION**  
Monday - Friday  
3 - 9 PM

215 185 St.



## TEEN ONLY PROGRAMS

**Sports Club**  
**FREE | MONTHLY**  
**WEDNESDAYS | 2 - 4:15 PM**  
Pelican Community Park  
Teens will be broken out into teams to compete in various sports: Flag Football, Soccer, and more! Each sport follows a league format with playoffs.

**eSports**  
**FREE | MONTHLY**  
**MONDAY - FRIDAY**  
**4:45 - 6:15 PM**  
The Spot  
The eSports lounge located at The Spot will play host to a variety of different in-house gaming tournaments and leagues.

Teen Only Events and Programs are for ages 12 - 17. Waivers are required for all teens. All events and programs will be held at The Spot or Pelican Community Park. For more information, membership or to register for events, visit [sibfl.net/teens](http://sibfl.net/teens).



## TEEN ONLY EVENTS

### 70s Prom Party

FRIDAY, MARCH 17  
7 - 10 PM

Pelican Community Park

A decade of excess, disco music, loud clothing, and big, feathered hair. All those amazing classic looks, and music are the perfect theme for a dance party.



### Movie on the Beach

FRIDAY, APRIL 21 | 7 - 10 PM

Samson Oceanfront Park  
(Beachside on the sand)

Put your toes in the sand and enjoy food and drinks while watching a movie on the beach!



### eSports Tournament

FRIDAY, MAY 19 | 7 - 9 PM

The Spot

Compete against your friends in the virtual world with some gaming classics: FIFA, Super Smash Brothers, and more!



# Get involved

SUMMER CAMP  
counselor  
— in —  
training

VOLUNTEER JUNIOR  
graphic  
design intern

\*Examples of work and basic knowledge of Adobe programs required.

beach  
cleanup

## teen talk

Teen Talk is a monthly roundtable where teens are invited to share their ideas and let us work on turning them into reality. We want to talk to you about everything teens are interested in: events, programs, podcasts, and even TikTok!

March 14 | April 11 | May 9

Tuesdays at 6 PM at The Spot





# ADULT & SENIOR PROGRAMS

## REGISTRATION DATES

RESIDENT/MEMBER: FEBRUARY 7

NON-RESIDENT/MEMBER: FEBRUARY 21

*Detailed program schedules available at [activities.sibfl.net](http://activities.sibfl.net).*

## REGISTER AT

[activities.sibfl.net](http://activities.sibfl.net)

### CLASSES

	AGES	DAYS & DATES	TIME	RESIDENT	NON-RESIDENT
AARP Smart Driver	55+	F Mar 31	9 AM - 4 PM	\$20 AARP Member	\$25
English as a Second Language (ESL)	18+	M Mar 6 - May 22	3 - 4 PM	FREE Resident Only	n/a
Foreign Language Club (Italian)	18+	M Mar 6 - May 22	1 - 2 PM	FREE	FREE
Senior Tech	55+	T Mar 7 - May 30	2 - 3 PM	FREE	FREE

### ENRICHMENT

	AGES	DAYS & DATES	TIME	RESIDENT	NON-RESIDENT
Lunch n' Learn with Cesar Becerra <i>Lunch is included.</i>	18+				
Harry Truman and The Little White House	-	T Mar 14	11 AM - 12 PM	FREE	FREE
Harry Truman and Everglades National Park	-	Apr 4	-	-	-
Sand In Their Toes: Military History of South FL	-	W May 9	-	-	-
Senior Arts & Crafts Club	55+	Th Mar 2, 16, 30 Apr 13, 27 May 11, 25	2 - 3 PM - -	FREE - -	FREE - -
Senior Roundtable <i>Lunch is included.</i>	55+	W Mar 22 Apr 26 May 24	12 - 1 PM - -	FREE Resident Only - -	n/a - -



## HEALTH & WELLNESS

	AGES	DAYS & DATES	TIME	RESIDENT	NON-RESIDENT
<b>Doc Chat</b>	18+		11 AM - 1 PM	FREE	FREE
<i>National Nutrition Month</i>	-	W Mar 15	-	-	-
<i>Blood Pressure Balance</i>	-	W May 17	-	-	-
<b>Evening Yoga</b>	18+	T/Th Monthly	5:30 - 6:30 PM	\$85 Drop-in \$15	\$125 Drop-in \$20
<b>Florida Mobile Mammography</b>	18+	T Apr 25	8 AM - 3 PM	Mammograms are covered 100% one time every 12-month period by insurance. Schedule an appointment online at <a href="http://floridamobilemammography.com">floridamobilemammography.com</a> or call 1.877.318.1349.	
<i>*Mobile Mammograms will be held at Gateway Park.</i>					
<b>Hygiene Pack Distribution*</b>	18+	Th Mar 16	12 - 1 PM	FREE Resident Only	n/a
	-	Apr 20	-	-	-
	-	May 18	-	-	-
<b>Lunch &amp; Learn</b>	55+		11 AM - 1 PM	FREE	FREE
<i>Prescription Drug Awareness</i>	-	Th Mar 23	-	-	-
<i>IBS</i>	18+	W Apr 19	-	-	-
<i>Mental Health</i>	55+	W May 31	-	-	-
<b>Mt. Sinai Lunch &amp; Learn</b>	55+	Th Mar 2	12 - 1 PM	FREE	FREE
<i>Lunch is included.</i>	-	Apr 6	-	-	-
	-	May 4	-	-	-
<b>World Health Day Resource Fair</b>	18+	F Apr 7	10 AM - 1 PM	FREE	FREE

All Spring Adult & Senior Programs will be held at Gateway Center unless otherwise stated.

**SIBeHEALTHY\***

	AGES	DAYS & DATES	TIME	RESIDENT	NON-RESIDENT
<b>Chair Yoga</b> <i>With Iris</i>	55+	W	11 AM - 12 PM	\$10 <i>Drop-in \$3</i>	\$20 <i>Drop-in \$6</i>
	-	F	11 AM - 12 PM	-	-
	-	W	12:05 - 1:05 PM	-	-
	-	F	12:05 - 1:05 PM	-	-
<b>Senior Strength</b> <i>With Iris</i>	55+	T	11 AM - 12 PM	\$10 <i>Drop-in \$3</i>	\$20 <i>Drop-in \$6</i>
	-	Th	11 AM - 12 PM	-	-
<b>Tai Chi</b> <i>Indoor</i>	55+	M	9:45 - 10:45 AM	\$10 <i>Drop-in \$3</i>	\$20 <i>Drop-in \$6</i>
	-	W	9:45 - 10:45 AM	-	-
	-	F	9:45 - 10:45 AM	-	-
	<i>Outdoors at Gateway Park</i>	-	M	8:30 - 9:30 AM	-
-		W	8:30 - 9:30 AM	-	-
<b>Zumba Gold</b> <i>With Thais</i>	55+	T	8:30 - 9:30 AM	\$10 <i>Drop-in \$3</i>	\$20 <i>Drop-in \$6</i>
	-	Th	8:30 - 9:30 AM	-	-
	-	T	9:45 - 10:45 AM	-	-
	-	Th	9:45 - 10:45 AM	-	-
	-	F	10 - 11 AM	-	-

All SIBe Healthy classes run monthly.



**SIBeHealthy**

SIBeHealthy are programs available to individuals ages 55+ for a small fee either monthly or per drop-in class.

*Residents who are 62+ and have a valid Sunny Isles Beach Resident ID Card can register for any combination of two free eligible programs a month. Additional programs are available at the above rates.*



**Social Citizens of Southeast Florida**

Social Citizens hosts luncheons, educational trips and theater trips for the adult population in the community. Learn more and see their spring lineup of events at [socialcitizenssef.org](http://socialcitizenssef.org).

# SUNNY ISLES BEACH IS ECOMMITTED

When Sunny Isles Beach pledged to be ECOMMITTED years ago, we knew it would take time, hard work, and patience to make significant strides. As a coastal community, sustainability is a core value we are consistently working toward. And every action counts.



## RECYCLING

Recycling is an easy way to stay ECOMMITTED and you can do it from your home, out in one of our parks or even on the beach. Next time you are thinking of throwing something away at the park or beach, think about if it can be recycled.

Learn more about what can be recycled at [sibfl.net/recycling](http://sibfl.net/recycling).



## COMPOSTING AT GATEWAY MARKET

Our new weekly Gateway Market offers an opportunity for residents to compost. Composting enriches soil and helps it retain moisture, while also reducing the need for chemical fertilizers and helping to lower your carbon footprint. Stop by the ECOMMITTED tent at Gateway Market every Wednesday evening and bring your items to compost such as fruits and vegetables, coffee grounds and filters, shredded newspaper and cardboard, and leaves. Learn more about what you can compost at [sibfl.net/gatewaymarket](http://sibfl.net/gatewaymarket).

Learn more about how the City is ECOMMITTED and what you can do to help at home by visiting [sibfl.net/ecommitted](http://sibfl.net/ecommitted).

# CITY ORDINANCES

Our City Commission signed several ordinances that demonstrate our long-term commitment to sustainability. Since 2019, businesses are prohibited from distributing or selling plastic beverage straws.

The Commission also banned the use or carrying of expanded polystyrene (Styrofoam) food articles, such as bags, containers, bowls, plates, cups, coolers, trays, and straws on City property or facilities, including our beach, parks, or Government Center, for all individuals. In 2022, the City Commission also passed a resolution banning smoking on the beach and in public parks.

## GET TO KNOW A FEW OF OUR CITY ORDINANCES

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The distribution and sale of plastic beverage straws inside city limits is prohibited.



The City of Sunny Isles Beach has a policy against the usage or possession of food articles containing expanded polystyrene on City property or facilities.



Smoking on the beach and in the City's public parks is strictly prohibited.

Learn more about our City's Code of Ordinances by visiting [sibfl.net/clerk-ordinances](http://sibfl.net/clerk-ordinances).



SUNNY ISLES BEACH  
**LIVE & PLAY**

**PUBLISHED BY THE  
CITY OF SUNNY ISLES BEACH  
MEDIA DIVISION**

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Sunny Isles Beach, FL 33160  
305.792.1706 | sibfl.net  
January 2023

THE COUNTDOWN BEGINS!

# SUMMER

C — A — M — P

## REGISTRATION DATES

### RESIDENTS

(with valid City-issued Resident ID Card)

Saturday, March 18

### EVERYONE

Saturday, April 1

To register or for more information, visit [activities.sibfl.net](https://activities.sibfl.net).